Wake up naturally
with a Wake-up Light that gradually wakes you up

Inspired by nature’s sunrise, the Philips Wake-up Light uses a unique combination of light and sound to wake you in a more natural way. Making it easier to get out of bed, ready for the day ahead.

**Natural light wakes you gradually**
- Sunrise Simulation wakes you gradually
- Dimming light and sound gently send you off to sleep
- 20 brightness settings to fit your personal preference

**Natural sounds wake you gently**
- Choice of 3 different natural wake up sounds
- FM radio let’s you wake up with your favourite radio show

**Naturally proven to work**
- The only Wake-up Light clinically proven to work
- Developed by Philips, experts in light for over 100 years.
- 92% of users agree that it is easier to get out of bed
Highlights

**Sunrise Simulation**

Inspired by nature’s sunrise, light gradually increases within 30 minutes from soft morning red to orange until your room is filled with bright yellow light. This process of changing an increasing light stimulates your body to wake up naturally. By the time light has filled the room your chosen natural sound completes the wake-up experience, leaving you ready for the day ahead.

**3 natural sounds**

At your set wake-up time natural sound will play to complete the wake-up experience and ensure you are awake. The selected sound gradually increases in volume to your selected level within one and a half minutes. There are three natural sounds you can choose from: Bird Song, Birds in the forest and Zen Garden.

**FM Radio**

FM radio let’s you wake up with your favourite radio show.

**Sunset Simulation**

Sunset simulation is used before you go to sleep. Sunset simulation prepares your body to fall asleep by gradually decreasing light and sound to your set duration.

**Light Settings**

The sensitivity to light differs per person. In general, when using a higher light intensity a person needs less time to become fully awake. The 20 light intensities of the Wake-up light can be personalised and even be set up to 250 lux.

**Proven by scientists**

At this moment in time the Philips wake-up light is the only one scientifically proven to work. In order to make the Wake-up Light the best possible product it can be in genuinely waking you up naturally and energised we have done a lot of clinical research. This research was conducted by independent science facilities to study and prove the effects of the wake-up light on the overall wake-up experience. This way we have proven, among other things, that the Philips Wake-up Light not only wakes you more naturally, but also more energised and that it improves your mood in the morning.

**Developed by Philips**

Philips was founded over 100 years ago as a company that produced and sold lightbulbs. Over 100 years Philips grew into a global company that brings innovation in lots of different areas. To this day lighting still is the soul of Philips. The Wake-up Light is proud to continue its heritage by building on years of knowledge and expertise of the world’s most well-known lighting expert.
Specifications

**Easy to use**
- Anti-slip rubber feet
- Snooze type: Snooze button
- Display brightness control: 4 settings
- In-store demo function
- Number of alarm times: 1
- Snooze button for sound: 9 minute(s)
- Charges iPhone/iPod Touch: No

**Safety**
- UV-free: UV-free

**Sound**
- Digital FM radio
- Number of Wake-up Sounds: 3
- Play music from iPhone or iPod: No

**Wellbeing from light**
- Increase alertness
- Drift to sleep naturally
- Wake up naturally
- Wake-up gradually

**Natural light**
- Brightness settings: 20
- Coloured sunrise simulation: No, Plain yellow
- Light intensity: 300 Lux
- Sunrise simulating process: adjustable 20-40 minutes
- Sunset simulation

**Comfortable light**
- Sunrise simulating process: adjustable, 20-40 minutes

- Increase alertness
- Drift to sleep naturally
- Wake up naturally
- Wake-up gradually