

MB20G

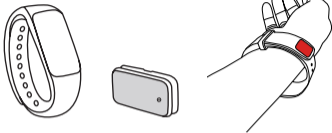
# MOVEBAND Display

User Manual



**TCL**

# Overview



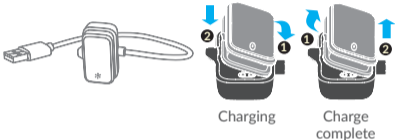
## Features

- Track daily fitness activity including steps taken, distance covered, calories burned, etc.
- Track sleep quality including hours slept, time taken to fall asleep, wake-up times, etc.
- Reminders to push you move when you have been sedentary for too long.
- In depth data analysis and customised targets.
- Ergonomic design, comfortable to wear.
- Simple synchronisation via Bluetooth.
- Up to five days of battery life.
- Splash proof.

# Getting Started

## Charging

Remove the MOVEBAND Display from the wristband and place inside the charging dock. Plug the USB port into a computer or USB charger for power.



### Notes:

- Following air regulation, the battery of your product is not charged. Charge it first before using.
- If the charging port is corroded or dirty, it will seriously affect the charging process. After playing sports, wipe away any sweat or dirt from your band before charging.

## Low battery reminding

When power is  $\leq 10\%$ , your band will remind you once.

## Powering on/off your MOVEBAND Display

- Long press  $\text{⌘}$  for 3 seconds to power on your MOVEBAND Display.
- Long press  $\text{⌘}$  for 3 seconds to power off your MOVEBAND Display when charging.

- Long press  $\text{⌘}$  for 8 seconds to restart your MOVEBAND Display.

## Pairing with your phone

Step 1: Installing the TCL MB20G app.

You can download and install the TCL MB20G app in the following ways:

- Search "TCL MB20G" in the Google Play Store (For Android).
- Search "TCL MB20G" in the App Store (For IOS).
- Scan the following QR code.



Step 2: Connecting MOVEBAND to your phone via Bluetooth.

1. Create an account.
2. Input your personal information before use, including gender, height, weight, and age so as to ensure data accuracy.
3. Turn on Bluetooth to search for your band.
4. Enter the 6 digit verification code displayed on your band.
5. Confirm and pair the application with your band.

**Note:** One band can pair with multiple accounts, but only one each time.

## Launching the application

### Connection

1. Turn on Bluetooth.
2. Touch the App icon. After the introduction interface, touch "Experience now" to enter the Home page.
3. Touch "Pair device" and select your device from the available device list. A popup window will then appear on your device and simultaneously 6 digits will appear on the screen of your MOVEBAND Display. Input the 6 digits and then click "Pair".
4. Once paired successfully, the date, battery status, fitness activity status and sleep status will display on your band.

### Login

Click  to enter the user interface, then click  to create an account to log in.

### Friends

Add friends to the same group from the friend list.

### Device configuration

Configure the time display, alarms and notification settings.

### Remind

Clock alarm: Click  to set your clock.

Remind: Set reminders to push yourself to get up and get active.

## Settings

Equipment pairing: Search and pair tracker.

Updates: Hardware updates.

Contact us: Display contact information.

## Sport monitoring

Click  to check distance covered, steps taken, calories burnt and targets.

Click "Set Target" to set your goal of steps and distance.

Daily data: Shows 1 day's data. (Click ⊖ 1 time.)

Weekly data: Shows 7 days' data. (Click ⊖ 2 times.)

Monthly data: Shows data by month. (Click ⊖ 3 times.)

## Sleep monitoring

Click  to check your sleep status.

Sleep cycle: Monitor your sleep cycle automatically and record the quality of your sleep, such as time of falling asleep, deep, etc.

Daily data: Shows 1 day's data. (Click ⊖ 1 time.)

Weekly data: Shows 7 days' data. (Click ⊖ 2 times.)

Monthly data: Shows data by month. (Click ⊖ 3 times.)

## Band Function

When you tap:

Once: The time is displayed.



Twice: The date is displayed.



Three times: The number of steps taken is displayed.



Four times: The distance covered is displayed.



Five times: The number of calories burned during physical activities is displayed.



## Certification

### WEEE Approval

This device is in compliance with the essential requirements and other relevant provisions of the Waste Electrical and Electronic Equipment Directive 2012/19/EU (WEEE Directive).



This symbol on device means that these products must be taken to collection points at the end of their life:

- Municipal waste disposal centres with specific bins for these items of equipment.

- Collection bins at points of sale.

They will then be recycled, preventing substances being disposed of in the environment, so that their components can be reused.

### In European Union countries:

These collection points are accessible free of charge.

All products with this sign must be brought to these collection points.



## In non European Union jurisdictions:

Items of equipment with this symbol are not to be thrown into ordinary bins if your jurisdiction or your region has suitable recycling and collection facilities; instead they are to be taken to collection points for them to be recycled.

CAUTION RISK OF EXPLOSION IF BATTERY IS REPLACED BY AN INCORRECT TYPE. DISPOSE OF USED BATTERIES ACCORDING TO THE INSTRUCTIONS

Following air regulation, the battery of your product is not charged. Please charge it first.

## RoHs Approval

This device is in compliance with the restriction of the use of certain hazardous substances in electrical and electronic equipment Directive 2011/65/EU (RoHs Directive).

## Licences



The Bluetooth word mark and logos are owned by the Bluetooth SIG, Inc. and any use of such marks by TCL Communication Ltd. and its affiliates is under license. Other trademarks and trade names are those of their respective owners.

### **TCL MB20G Bluetooth Declaration ID D031563**

We hereby point out that the end user warranty for infringement IPR is solely limited to the EU.

If and to the extent that the Product is exported, taken with, or used by end customer or end user outside the EU any

responsibility, warranty or indemnification of manufacturer and its suppliers in regard to the Product expires (including any indemnification in regard to infringement IPR).

## General information

- Internet address: [www.tclcom.com/wearables/](http://www.tclcom.com/wearables/)
- Hotline: See the "SERVICES" leaflet that came with your device or go to our website.
- Manufacturer: TCL Communication Ltd.
- Address: 5/F, Building 22E, 22 Science Park East Avenue, Hong Kong Science Park, Shatin, NT, Hong Kong.

On our website, you will find our FAQ (Frequently Asked Questions) section. You can also contact us by email to ask any questions you may have.

This radio equipment operates with the following frequency bands and maximum radio-frequency power:

Bluetooth: < 20 dBm

Hereby, TCL Communication Ltd. declares that the radio equipment type TCL MB20G is in compliance with Directive 2014/53/EU.

The full text of the EU declaration of conformity is available at the following internet address: [http://www.tclcom.com/wearables/EU\\_doc](http://www.tclcom.com/wearables/EU_doc).

The description of accessories and components, including software, which allow the radio equipment to operate as intended, can be obtained in the full text of the EU declaration of conformity at the following internet address: [http://www.tclcom.com/wearables/EU\\_doc](http://www.tclcom.com/wearables/EU_doc).

# Warranty

The device is warranted against any deviation from technical specifications for a period of twelve (12)<sup>(1)</sup> months from the date specified on your original invoice.

Under the terms of this warranty, you must immediately inform your vendor in case of a conformity defect on this device, and present a proof of purchase.

The vendor or repair center will decide whether to replace or repair this device, as appropriate.

Repair or replacement of this device is warranted for ONE (1) month unless there are statutory provisions to the contrary.

This warranty shall not apply to damage or defects to this device due to:

- 1) Not following the instructions for use or installation.
- 2) Not being compliant with technical and safety standards applicable in the geographical area where this device is used.
- 3) Improper maintenance of sources of energy, and of the overall electric installation.
- 4) Accidents or consequences of theft of the vehicle in which this device is transported, acts of vandalism, lightning, fire, humidity, infiltration of liquids, inclement weather.
- 5) Connecting to or integrating into this device any equipment not supplied or not recommended by the manufacturer.

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<sup>(1)</sup> The warranty period may vary depending on your country.

- 6) Any servicing, modification or repair performed by individuals not authorised by the manufacturer, the vendor or the approved maintenance centre.
- 7) Use of this device for a purpose other than that for which it was designed.
- 8) Malfunctions caused by external causes (e.g., radio interference from other equipment, power voltage fluctuations).
- 9) Faulty connections resulting from unsatisfactory radio transmission or caused by the absence of radio relay coverage.

Warranty is also excluded for this device on which markings or serial numbers have been removed or altered.

This device is also warranted against hidden defects (defects inherent in the design, manufacture, etc.).

There are no other express warranties than this printed limited warranty, expressed or implied, of any nature whatsoever.