

# MOVETIME

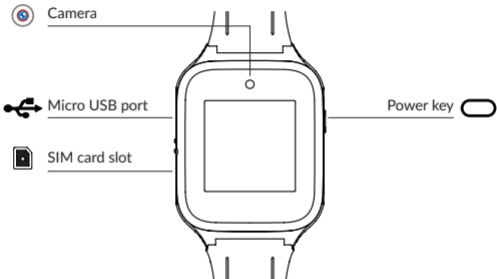
Family Watch  
MT40X



## Quick Start Guide

**TCL**

## Getting to know your watch



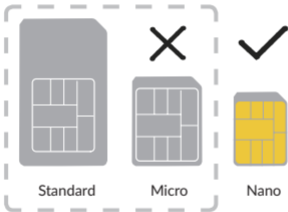
## Power key

- Long press for 3s to power on.
- Long press for 3s to call SOS when the SIM card is inserted and paired with your smartphone. In any other case, long press for 3s to power off.
- Long press for 15s to force restart.
- Short press to end a call when dialling.
- Short press to wake up the device.
- Short press to go back to Home screen when the current screen is not the Home page. Press again to turn off the screen.

# Setting up your watch

## Getting a SIM card

A nano-SIM (not included) is required in order to set up and use your watch. Contact your network operator to request a nano-SIM with a voice and data plan.

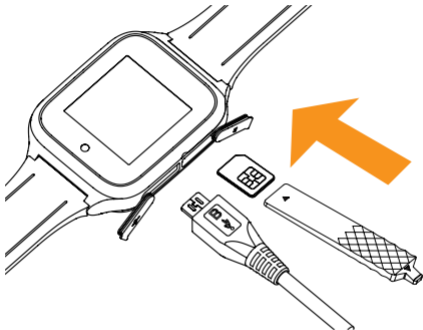


## Inserting the SIM card

Remove the SIM card cover and insert the SIM card. Once inserted, push the SIM card gently using the card remover to remove it.

## Charging your watch

Plug the micro-USB cable into your watch and connect it to a USB charger or any 1A/5V USB port.



## Powering on your watch

Long press the **Power** key for 3 seconds to power on your watch.

## Language

You will be asked to select the system language when powering on your watch for the first time. To change the system language when the watch is unpaired, swipe right twice from the Home screen and then go to **Settings > Language** to select a language.



## Download and install the app on your smartphone

To download the app you can:

- Search for “TCL Connect” in the Google Play store (Android 5.0 and above), or App store (iOS 10.0 and above).
- Scan the following QR code.



## Create an account

1. Touch **Sign up** to create your **TCL Connect** account.
2. Enter your email address and set a password for your account.<sup>(1)</sup>
3. Enter the verification code sent to your email address. This email address will be used to help you reset your password should you forget it.
4. Touch **Done**.

## Log in to your account

Enter your email address and password to log in. You can also log in using your Facebook / Twitter account.

---

(1) Read the "Terms of use" and "Privacy and security" and check the box.

## Pairing

Make sure the SIM card is correctly inserted and you are able to connect to the internet before pairing your watch with your phone. The connected network icon will appear at the top left of your watch's Home screen once connected to the internet.

4G

4G network

3G

3G network

R

Data roaming network

2G

2G network



No network but can make calls



No network and can't make calls

There are two ways to pair your watch with your phone:

- Scan the QR code to pair your watch

Swipe left from the Home screen of your watch touch **Contacts** to obtain the QR code when pairing the watch for the first time.

You can also get the QR code by swiping right twice on the Home screen of your watch, then going to **More > QR code**.

- Enter the IMEI number to pair your watch

The IMEI number is printed on a label on the device packaging. You can also swipe right twice, go to **More > Settings > About watch** to




obtain the IMEI number. Enter the IMEI number of your Watch and touch **Done** to pair your watch with your phone.

Touch **OK** on your watch.

Enter your phone number in the app. Follow the instructions to complete your child's personal information (profile picture, name, birthday, phone number of the watch etc.) and touch **Done**.

Once the MOVETIME Family Watch has been successfully paired with your phone, you will be brought to the application main screen. The location of the watch will be displayed here on the map.

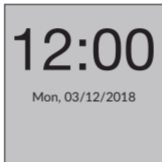
## Connect your watch to a Wi-Fi network via your smartphone

1. Open the "TCL Connect" app. Choose the watch you want to set.
2. Go to **More > Wi-Fi**. Touch **Add**.
3. Select the wireless network and enter the password to connect with it. If you didn't find the wireless network you want to connect with in the list, it may have been hidden. Touch **More** to enter the SSID and password to connect with it.
4. The  icon will appear on the top left of your watch once connected to the wireless network. Go to **More > Settings > Wi-Fi** on your watch to view more.

# Using your watch

## Screen

Press the **Power key** to wake up the Home screen.



### Touch

To select an application or confirm an action, use your finger to touch it.



### Touch and hold

Long press the Home screen, swipe left to view different options, and touch a watch face to select it.



## Swipe left/right

Swipe left/right to view applications, settings, and functions.


Swipe right to return to the previous page after you have entered any application.



## Swipe up/down

Swipe up from the Home screen to view notifications. Swipe down from the Home screen for volume and brightness controls and to turn on/off the wireless connection.



## Camera

1. Swipe left/right from the Home screen to select an application.
2. Touch **Camera** and move your watch to look for a good angle for the photograph.
3. Touch  to take a photo.



## Call

### Phone call

1. Swipe left from the Home screen and touch **Contacts**.

2. Touch the contact and choose  to place a phone call. Touch  to end the call.

## Video call

1. Swipe left from the Home screen and touch **Contacts**.
2. Touch the contact and choose  to place a video call. Touch the screen to show the control icon, and touch  to end the video call.


If you want to place a video call with the watch user, you need to download the app on your smartphone or have a watch with a camera.

## Message

### Voice message

Touch **Chat** to select a contact or a group. Hold  to record, and release it to send the message.





### Emoji

Touch **Chat** to select a contact or a group. Touch **+** >  to select and send an emoji.

### Photo

Touch **Chat** to select a contact or a group. There are two ways to send a photo:

- Touch **+** >  to select and send a photo from the Gallery.

- Touch **+** >  >  to take a photo. Then select  to send, or touch  to go back and take the photo again.




**Note:** If the message fails to send,  will appear next to the message. Touch the icon to resend the message.

## Friends



### Adding new friends

Swipe left from the Home screen and touch **Contacts** > **+ Friend**. Keep both watches in close proximity, shake them, and touch **OK**.

### Deleting a friend

In the contact list, swipe left on the name of the friend. Touch the Delete icon  that then appears on screen. Touch  to confirm, or touch  to cancel.

## Group chat

Add friends first before you create a group. Swipe left twice from the Home screen and touch **Chat** > **Create a group**. Choose a group picture and invite friends. Touch  to create a group, or touch  to cancel.

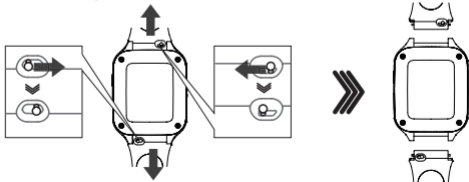
## Sports

Swipe left/right from the Home screen to select the application. Touch **Sports** to view your sports statistics including steps, distances and calories burned. If you have inserted a SIM card in your watch, you can view the daily steps rankings for you and your friends. You can touch the ♥ to “praise” their steps. You will receive a notification if one of your friends “praises” your steps. You can also swipe up to the end of this page and touch **Who praised me** to view the friends who have “praised” you.

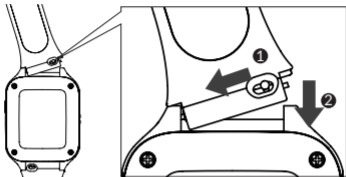
## Straps

Straps are available in a range of colours, styles, and materials. To purchase one, please contact retailers.

### Remove straps



## Attaching new straps



## Waterproof notice

This product has an IP65 rating and is suitable for everyday use. **DO NOT** use it when swimming, diving, scuba diving and taking shower.



# FAQ

1. What SIM Card does the watch support?

MOVETIME Family Watch MT40X supports 2G: GSM 900/1800, 3G: UMTS B1/B8, 4G: LTE B1/B3/B7/B8/B20 Nano-SIM card.

2. What operating systems does the application support?

Please Search for "TCL Connect" in the Google Play store (Android 5.0 and above), or App store (iOS 10.0 and above).

3. If you are unable to pair with your watch:

- i) Make sure the SIM is inserted correctly.
  - If the SIM is inserted correctly, check to see if 4G, 3G or 2G is displayed on the top left of the screen of your watch.
  - If not, long press the **Power key** for 15s to restart the watch.
- ii) If 4G, 3G or 2G is displayed, check to make sure there are no overdue network charges that need to be paid.

4. If you are unable to obtain the position of your watch:

- i) Check to see if 4G, 3G or 2G is displayed on the top left of the screen of your watch.
- ii) If not, long press the **Power key** for 15s to restart the watch.
- iii) If 4G, 3G or 2G is displayed, check to make sure there are no overdue network charges that need to be paid.



5. If you are unable to obtain the verification code during registration:  
Please check your Junk emails. If you still cannot obtain it, please try to get the verification code again.

6. How do I add family members to the contacts list?

You have two ways to add other family members:

- i) Choose a family watch, then touch **More** > **Share QR code**. A QR code will appear on screen. If the invited family member is next to you they can scan it directly using their TCL Connect app. If the invited family member is not in your vicinity, you can send them the QR code.
- ii) Choose a family watch, then touch **More** > **Watch contacts** > **+** > **Add manually**. Enter the names, photos, and phone numbers of the invited family members - you can also upload their photos. Touch **Save** to complete.

7. How do I add and delete Geofences?

- i) Choose a family watch, then touch **More** > **Geofence**.
- ii) Touch **+** at the top right of this page, enter a name, choose a location on the map and set the range, then touch **Save**.
- iii) You can swipe left on a safe zone in the list to delete it.

8. How do I add and delete Alarms and Reminders?

- i) Choose a family watch, then touch **More** > **Alarms** > **+**, Set alarm time and which days the alarm will repeat. Touch **Save**.
- ii) You can swipe left on an alarm in the list to delete it.

Reminders can be added or deleted in the same way.

## 9. How do I set a school time?

- i) Choose a family watch, then touch **More > School time**.
- ii) Set a name for your school time, then choose the start time and end time for when you want to activate school time mode. Select which days of the week in which school time mode will be active. Touch **Save**.
- iii) You can add more than one school time. Swipe left on each one in the list to delete it.

## 10. Waterproof notice

This product has an IP65 rating which means it is fully protected from dust and is protected against low pressure jets of water from all directions. But please do not submerge your watch in water, for example when taking a shower, swimming, diving or scuba diving.

## 11. Positioning accuracy

Your watch will provide 7 different positioning modes: GPS, AGPS, Beidou or Glonass, G Sens, Wi-Fi and Base Station. Position accuracy will differ according to each positioning method. Sometimes in tall buildings and other urban obstructions there is a small chance of a larger deviation.

## 12. Data service

The watch uses mobile data to send messages and location information to family members. The data charges incurred will need to be paid by you to the network operator.

### 13. SOS

All family members and the child should be familiar with the SOS operation. It is recommended to practice using this operation first.

### 14. Are the materials in this product harmful to children?

All materials used have passed the required safety tests.

### 15. Storage and use of my location data

For all data related to you, we will only use the queries you submit to us. We will not use your data for any commercial application or development without authorization.

## More information

For more information, please refer to the help section in the TCL Connect app or visit [www.tcl.com/wearables/](http://www.tcl.com/wearables/).



CJB1NS0LCAAA