

ADJUSTABLE HEIGHT LECTERN

NEW Freedom One Sit-to-Stand Lectern™



Is there one perfect height for a lectern?

For a classroom used by many instructors, a variety of heights is required to meet ergonomic needs, and ADA compliance is a must.

The truth is, there is one lectern that delivers the ergonomic setting you need

Healthy Choices

Adaptable

- Adjustable-height workstation easily adjusts between seated or standing-use heights
- ADA-compliant workstation
- Both lectern and equipment rack are available as a stand alone unit
- Assemble with the lectern on the left or right side of the equipment rack

Sit to Stand Benefits

- Tall or short, sitting or standing, fit all instructors with just one lectern
- Sit-to-stand activity promotes blood circulation; potentially more oxygen gets to the brain
- To stand, you have to tense your leg muscles, and engage the muscles of your back and shoulders
- You burn 60 more calories an hour when standing versus sitting

Simply Functional

- Use the lectern as a stand-alone workstation
- Connect the lectern to the equipment rack and deploy a fully integrated lectern
- Balanced lift mechanism can be easy to use, even one handed
- Smart design with very few moving parts keeps things simple

Easy Equipment Management

- Equipment rack with audience-side and optional instructor-side locking doors simplifies integration and helps protect your valuable equipment
- Equipment rack features front and rear rack rail to manage all of your multimedia equipment
- Ventilation provides "chimney effect" airflow keeping equipment cool



Product ships mostly assembled

POPULAR OPTIONS

- 1 97503 RACK MOUNT PULL-OUT SHELF
Useful pull-out shelf for quick access

- 2 99033 ENLIGHTEN RACK MOUNT LIGHT
Halogen light with 12" flexible goose neck

- 3 97514 RACK MOUNT DRAWER
A handy place to store AV controllers and teaching aids

- 4 97513 RACK MOUNT BLANK
Eliminate gaps between rack mount equipment

- 5 97515 RACK MOUNT FILE DRAWER
Great for file folders and comes with file hangers

- 6 99021 9-OUTLET RACK MOUNT POWER STRIP
The power hub for all your rack equipment

- 7 99043 COVE POWER MODULE
AC and USB power at your fingertips

- 8 55356 FREEDOM ONE KEYBOARD TRAY
Convenient slide-out tray

- 9 68152 36"H SOLID LOCKING DOOR
68153 36"H CLEAR ACRYLIC LOCKING DOOR
Doors can be mounted to be hinged from the left or right side. Available in black or silver sparkle

- 10 68204 Flip-Up Shelf
Handy shelf adds worksurface when needed
(For use with full lectern only. Cannot be used with stand alone equipment rack.)



55355 FMBTW
(includes 55366,
55367, 55368)



68153 B



55368 FMSTW



55366 FMSTW

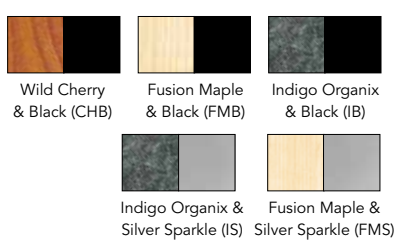
THE LECTERN AND EQUIPMENT RACK CAN BE BOLTED TOGETHER OR USED SEPARATELY PROVIDING MORE LAYOUT POSSIBILITIES

See full specs at www.spectrumfurniture.com.

DESIGN SPECS

WORKSTATION	34"W x 30"D x 30" - 42"H - casters (TW) 34"W x 30"D x 29 1/4" - 41 1/4"H - glides (G)
EQUIPMENT RACK	21"W x 30"D x 39 5/32"H - casters
RACK UNITS	36 standard rack units, 18 rack units instructor side, 18 rack units audience side

COLORS Standard color combinations



AVAILABLE MODELS

55355 TW or G	Freedom One Lectern (Includes lectern, equipment rack, and unit-to-unit connector kit)
55368 TW or G	Freedom One STS Lectern
55367	Freedom One Unit to Unit Kit
55366 TW or G	Freedom One Equipment Rack

Note: 55366 and 55368 ship with both twin wheel casters and glides